

Asthma Medications

Inhaled Corticosteroid Controller Medications	FDA approved age (yrs)	Adult Doses* (Total Daily Inhalations)		
		Low	Medium	High
Advair® HFA (fluticasone/salmeterol) MDI	12 ⁺	(45/21) 4	(115/21) 4	(230/21) 4
Advair® Diskus® (fluticasone/salmeterol) DPI	4 ⁺	(100/50) 2	(250/50) 2	(500/50) 2
Aerospan® HFA (flunisolide) 80 mcg MDI	6 ⁺	4	4 - 8	> 8
Azmacort® HFA (triamcinolone) 75 mcg MDI	6 ⁺	4 - 10	10 - 20	> 20
Asmanex® (mometasone) 220 mcg DPI	12 ⁺	1	2	> 2
Asmanex® (mometasone) 110 mcg DPI	4 ⁺	2	4	>4
Flovent® HFA (fluticasone) 44 MDI	4 ⁺	2 - 6	7 - 10	> 10
Flovent® HFA (fluticasone) 110 MDI	4 ⁺	1 - 3	4	> 4
Flovent® HFA (fluticasone) 220 MDI	4 ⁺	1	2	> 2
Flovent® Diskus® (fluticasone) 50 DPI	4 ⁺	2 - 6	7 - 10	> 10
Pulmicort Flexhaler™ (budesonide) DPI 90 mcg	6 ⁺	2 - 6	7 - 13	> 13
Pulmicort Flexhaler™ (budesonide) DPI 180 mcg	6 ⁺	1 - 3	4 - 6	> 6
Pulmicort Respules® (budesonide) 0.25, 0.5, or 1 mg	1 ⁺	0.5 mg	1 mg	2 mg
Symbicort® 80/4.5 (budesonide/formoterol) MDI	12 ⁺	4	4	n/a
Symbicort® 160/4.5 (budesonide/formoterol) MDI	12 ⁺	n/a	4	4
QVAR® 40 HFA (beclomethasone) MDI	5 ⁺	2 - 6	6 - 12	> 12
QVAR® 80 HFA (beclomethasone) MDI	5 ⁺	1 - 3	4 - 6	> 6

***Adult doses listed. Children under 12 years use 60 to 80% of the listed dosages.**

All LABAs and combination agents containing LABAs have a black box warning.

Check product information for dosing frequency.

Key: HFA = hydrofluoroalkane (new propellant); MDI = Metered Dose Inhaler; DPI = Dry Powder Inhaler

Leukotriene Blocker Controller Medications	FDA approved age for asthma	Dosage
Accolate® (zafirlukast) 10 mg tablet	5 - 11 yrs	One tab twice daily
Accolate® (zafirlukast) 20 mg tablet	12 ⁺ yrs	One tab twice daily
Singulair® (montelukast) 4 mg granule packet	12 - 23 months	One packet once daily (evening)
Singulair® (montelukast) 4 mg chewable tablet	2 - 5 yrs	One tab once daily (evening)
Singulair® (montelukast) 5 mg chewable tablet	6 - 14 yrs	One tab once daily (evening)
Singulair® (montelukast) 10 mg tablet	15 ⁺ yrs	One tab once daily (evening)
Zyflo CR™ (zileutin) 600 mg tablet	12 ⁺ yrs	Two tabs two times daily