

Additional Cardiovascular Disease and Stroke Resources

American Heart Association/American Stroke Association

Clinical Guidelines

<http://www.americanheart.org/presenter.jhtml?identifier=2158>

Patient Education Materials

<http://www.americanheart.org/presenter.jhtml?identifier=1200021>

Dietary Recommendations

<http://www.americanheart.org/presenter.jhtml?identifier=851>

Exercise and Fitness Recommendations

<http://www.heart.org/presenter.jhtml?identifier=1200013>

Get With The Guidelines (hospital-based quality improvement program)

<http://www.americanheart.org/presenter.jhtml?identifier=1165>

Go Red For Women (nationwide campaign to empower women to love – and save – their hearts through lifestyle choices and actions)

<http://www.goredforwomen.org/>

The Power to End Stroke

<http://www.strokeassociation.org/presenter.jhtml?identifier=3030549>

Centers for Disease Control and Prevention

Division of Heart Disease and Stroke Prevention

<http://www.cdc.gov/dhdsp/>

Colorado Department of Public Health and Environment

Cardiovascular Health and Stroke Prevention

<http://www.cdphe.state.co.us/pp/cvd/cvdhome.html>

National Stroke Association

Stroke Risk Factors

<http://www.stroke.org/site/PageServer?pagename=RISK>

Stroke Prevention

<http://www.stroke.org/site/PageServer?pagename=PREVENT>

Stroke Recovery

<http://www.stroke.org/site/PageServer?pagename=RECOV>

Validated Risk Assessment Tools

Framingham 10-year Cardiovascular Risk Assessment Calculator

<http://hp2010.nhlbi.nih.net/atpiii/calculator.asp?usertype=prof>

Diabetes PHD

<http://www.diabetes.org/diabetesphd/default.jsp>